

Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: Monica Simon and John Pandiani

DATE: May 21, 2004

RE: Type of Service to Adult Outpatient Clients

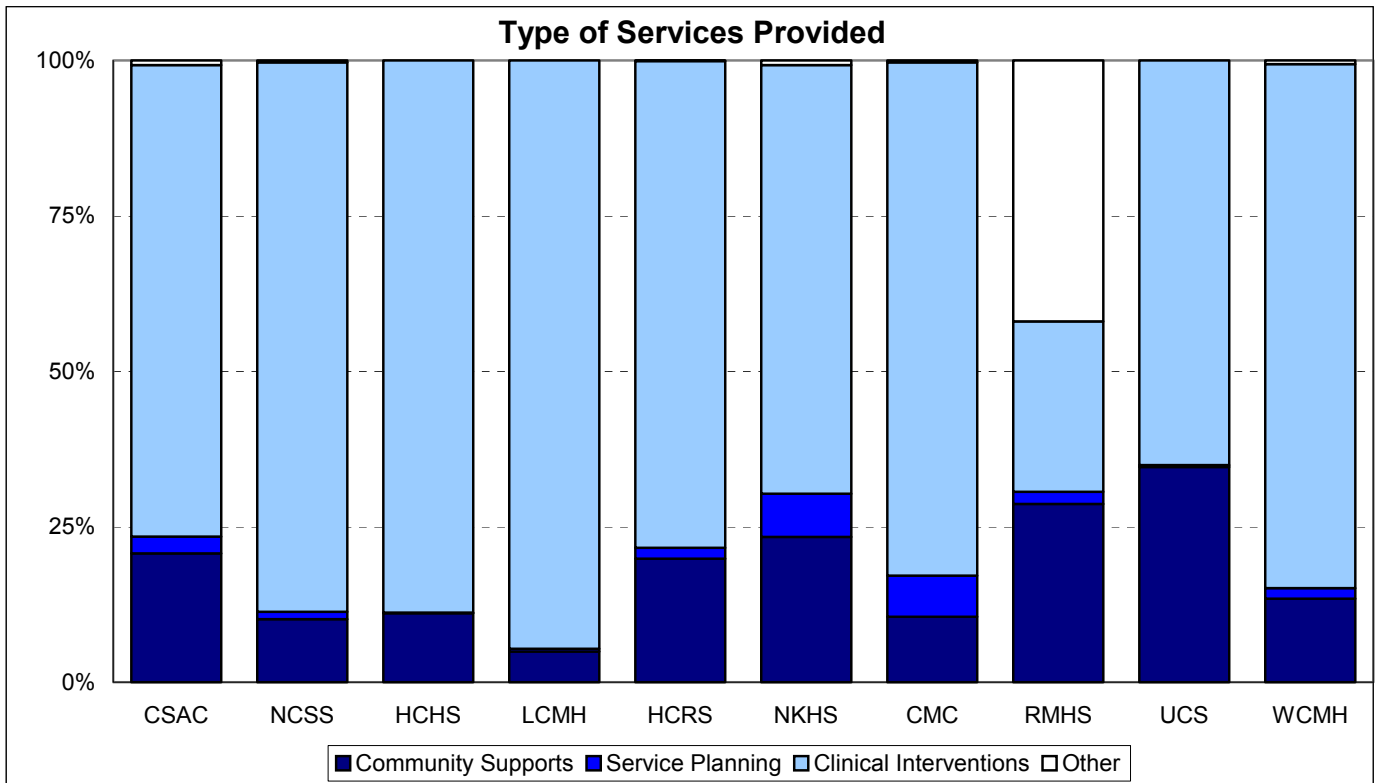
This is the third in a series of PIP reports that presents information on the type of services provided to clients during FY 2003. In recent week's we focused on clients served by Community Rehabilitation and Treatment (CRT) Programs for adults with serious mental illness (www.ddmhs.state.vt.us/docs/pips/2004/pip043004.pdf) and Children's Services Programs (www.ddmhs.state.vt.us/docs/pips/2004/pip050704.pdf). This PIP provides an overview of the volume of service provided by Adult Outpatient Programs in four service categories: community supports, service planning, clinical interventions, and other (See attached for category definitions). Data used in this analysis were extracted from Monthly Service Report (MSR) files submitted to DDMHS by designated community mental health service providers.

Statewide, the vast majority (76%) of the services provided to Adult Outpatient clients were classified as clinical interventions. Almost 20% of the services provided to these clients were community supports. Service planning and other each accounted for 2% of the services provided to Adult Outpatient clients.

Type of service provided to Adult Outpatient clients varied considerably from agency to agency. Clinical interventions accounted for less than 30% of the services provided by RMHS while they accounted for 95% of the services provided by LCMH. Community support services ranged from 5% (LCMH) to 35% (UCS). Forty-two percent of the services provided at RMHS fell into the other services category; all of these services were reported as partial hospitalization services.

We look forward to your comments, questions, and suggestions for further analysis of data regarding the types of services provided by different treatment programs. As always, you can reach us at 802-241-2638 or by e-mail to pip@ddmhs.state.vt.us.

Type of Services Provided
Adult Outpatient Clients
 By Provider: FY 2003



Provider	Type of Services Provided								
	Community Supports		Service Planning		Clinical Interventions		Other		Total
	#	%	#	%	#	%	#	%	#
Total	12,045	19%	1,462	2%	48,704	76%	1,474	2%	63,685
CSAC	1,867	21%	244	3%	6,828	76%	67	1%	9,006
NCSS	692	10%	82	1%	6,040	88%	22	0%	6,836
HCHS	724	11%	6	0%	5,803	89%	0	0%	6,533
LCMH	76	5%	7	0%	1,457	95%	0	0%	1,540
HCRS	1,629	20%	143	2%	6,420	78%	10	0%	8,202
NKHS	1,407	23%	418	7%	4,150	69%	46	1%	6,021
CMC	536	11%	334	7%	4,196	83%	15	0%	5,081
RMHS	863	29%	59	2%	825	27%	1,264	42%	3,011
UCS	3,116	35%	25	0%	5,861	65%	0	0%	9,002
WCMH	1,135	13%	144	2%	7,124	84%	50	1%	8,453

Analysis includes adults who were assigned to and served by Adult Outpatient Programs. "Other" includes emergency services, consultation, education, and advocacy services, partial hospitalization, respite, day/residential, employment, and transportation services. Other services for RMHS were partial hospitalization. For detailed explanation on these types of service, see the notes in the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf)

Community Supports

Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote positive growth. These supports may include assistance in daily living, supportive counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. Community supports may further include family education, consultation and training services.

Service Planning and Coordination

Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports include discharge planning advocacy and monitoring the well being of individuals (and their families), and supporting them to make and assess their own decisions.

Clinical Interventions

Clinical interventions includes: assessment, therapeutic, medication or medical services provided by clinical or medical staff, including a qualified clinician, therapist, psychiatrist, or nurse. These include individual, family and group therapy; psychotherapeutic services; medication and medical support and consultation services; and clinical assessment.

Other

Other services include crisis services, partial hospitalization, emergency/crisis assessment, support and referral, emergency beds, employment, day/residential, and respite services.

For a more detailed explanation on any of these service categories refer to the notes section of the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf).